

# LEAD THE WAY WITH FUEL UP TO PLAY 60!

---

L for “lift” is to prepare a presentation to deliver to middle or elementary schools (or really any younger age group of a substantive size) in your community on maintaining physical activity and healthy eating. Information, resources and tips can be found at [www.fueluptoplay60.com](http://www.fueluptoplay60.com). The presentation must be sent to Gabriella Delliponti- VP of Leadership.

To: [gabriella.gadeca@gmail.com](mailto:gabriella.gadeca@gmail.com)

Subject: Chapter Name- Lift

E for “engage” is to actually go and deliver the presentation to the schools or groups of kids that you plan to target with this presentation. Level Lift must be achieved as well. A picture or video of the chapter presenting must be sent to Gabriella Delliponti- VP of Leadership

To: [gabriella.gadeca@gmail.com](mailto:gabriella.gadeca@gmail.com)

Subject: Chapter Name- Engage

A for “act” is to 1. Have the advisor create an account and sign up at [fueluptoplay60.com](http://fueluptoplay60.com) 2. Have chapter members sign up under the school/advisor and log plays and challenges. Chapters must log at total of at least 2 plays and 1 challenge. Levels Lift and Act must be achieved as well.

D for “dedicate” is to host several events within your community, so this means going above and beyond just one “act” challenge. Chapters must log at least 5 plays and 2 challenges. Levels Lift, Engage, and Act must be achieved as well.



## Incentives:

**Lift:** Lift Ribbon at Fall LDC, Certification and Recognition at Fall LDC

**Engage:** Engage Ribbon at Fall LDC, Certificate and Recognition at Fall LDC, 1 Region/State Extra Competitor Slot

**Act:** Act Ribbon at Fall LDC, Certificate and Recognition at Fall LDC, 2 Region/State Extra Competitor Slots

**Dedicate:** Dedicate Ribbon at Fall LDC, Plaque and Recognition at Fall LDC, 3 Region/State Extra Competitor Slots

**Deadline for Fall LDC Recognition: October 11th**