

Lead The Way with Fuel Up to Play 60



LIFT

Prepare a presentation for a younger group about the importance of healthy eating and staying active for 60 minutes a day.

All submissions are due to Gabriella Delliponti by January 20th.



ENGAGE

Present the presentation to a younger group of students.

ACT

Engage the group or people in your community in 1 challenge and 2 plays from the Fuel Up to Play 60.

DEDICATE

Complete 5 plays and 2 challenges from the Fuel Up to Play 60 website.

LEAD

Meeting the requirements for Fuel Up to Play 60's Touchdown status.

